



KAPPELER INSTITUTE RECORDINGS

ILLUSTRATIVE MATERIAL

**THE EIGHT ORDERED STEPS TO FINDING
OUR ONENESS WITH BEING**

(Tape Code J-10)

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I. Suggested Study References

References in the Booklets Compendium for the Study of Christian Science **(Max Kappeler)**

This series of ten booklets provides a research companion for studying the seven synonyms for God — i.e. God's nature as Mind, Spirit, Soul, Principle, Life, Truth, and Love. Booklet 1 introduces the study, dealing with such pertinent issues as: Science and religion, belief-faith-understanding, the exact letter and the spirit, and the absolute and relative standpoints. Booklets 2 and 3 show how the tones (values) of the seven synonyms for God are presented in the Bible through the seven statements of the days of creation, the Commandments, the Beatitudes, and the Lord's Prayer. Booklets 4-10 present clearly and succinctly the characteristic-values (ideas) of each synonym for God, citing numerous explanatory references from the Christian Science textbook, *Science and Health with Key to the Scriptures*, by Mary Baker Eddy.

No. 1: Introduction (28 pages)

No. 2: The Seven Days of Creation (24 pages)

No. 3: The Commandments
The Beatitudes
The Lord's Prayer (29 pages)

No. 4: Mind (36 pages)

No. 5: Spirit (28 pages)

No. 6: Soul (23 pages)

No. 7: Principle (25 pages)

No. 8: Life (23 pages)

No. 9: Truth (20 pages)

No. 10: Love (23 pages)

Pamphlets: approx. 30 pages each

The Ordered Approach to the One Being (Max Kappeler)

This pamphlet is uniquely concerned with the questions: 1) what are the reality values of Being? and 2) how do we become one with these reality values? — i.e. the eight-ordered steps to finding our oneness with Being (resolving the “personal I” and its nature into the “I Am” which is God.

Pamphlet: 26 pages

Preparing for study

Quietly, drilling ourselves in an understanding of the reality values (ideas) of the nature of Principle, God, will help prepare us for the revolutionary subject of this class.

- Study and ponder the ideas of Mind, Spirit, Soul, Principle, Life, Truth, and Love:
 - Let these ideas become warm and natural
 - Do not force an intellectual understanding of them
 - If an awareness of their meaning and tonality does not come easily, spiritually, then it is wise to set the issue aside for the moment
- Make notes on the meaning and essence of each of the synonyms for God
 - Use “*the economy of being*” — i.e. do more with less by using *the art of epitomization*

II. Study Questions: For Preparation

Based on “Compendiums #4-10 — MIND, SPIRIT, SOUL, PRINCIPLE, LIFE, TRUTH, LOVE” (Max Kappeler):

1. **Concept (idea, divine value)-building** — getting the perfect concept (idea, divine value) clear:
 - What is the spiritual meaning of the ideas (divine values) of each of the seven synonymous terms for God?
 - Makes a list of the ideas that uniquely characterize each of the seven synonyms for God
 - e.g. MIND
creator
producer
parent Mind
etc.
 - Make a list of the fundamental opposite (negative) false claim against the synonym itself.
 - e.g. MIND
mortal mind, animal magnetism, many minds
 - SPIRIT
duality, matter, evil
and so forth
 - *Can we see how the language of the synonymous terms for God is a timeless language which adapts itself to the age in which we live?*
2. **Tonality-building** — discerning that all of the ideas (divine values) of a synonym are tightly intra-woven so as to form one overall *tone* of a synonym, including all ideas
 - ponder the ideas together so as to gain the *tone* of the synonym itself
 - e.g. MIND: if the ideas of creator, power, law, and influence all characterize Mind, how do these ideas blend together? Are they just a list of divine values, or is there a definite spiritual reason why they blend together?
 - Is it possible to have a creator without that creator being a causative power that creates according to divine law?
3. **Consciousness-building** — “pondering” the overall tonality of a synonym melts into a pure consciousness of the synonym — the divinely objective becomes humanly subjective
 - “mothering,” accepting, cherishing the entire tone of the synonym as consciousness itself
4. **Being-building** — the structure of our consciousness determines the nature of our experience — a consciousness of the allness of the synonyms (including their ideas) become our only being

III. The Seven Synonymous Terms for God

MIND

creator	light	medicine	<i>Negative</i>
creates, makes	presents	will	mortal mind
produces	brings to light	volition	ignorance, illusions
creative power	illuminates	willingness	matter
made all	comprehension	mandate	erring, carnal
creative impulse	illumination	law	negative mind
producer	vision	controls	a mind of one's own
parent Mind	discovery	regulates	animal magnetism
forms	manifests	governs	mesmerism, occultism
shapes, models	will to express itself	heals	hypnotism, astrology
fashions	all-knowing	healing power	clairvoyance
cause	knows, comprehends	Mind-healing	ignorance
causative	apprehends	Mind-science	halfway knowledge
First Cause	perceives	saves	sensuous reason
origin, author	all-hearing	helps	petty intellect
source	foretells, foresees	maintains	drugs, brain, nerves
first	information	sustains	
beginning	transmits	limitless	
basis	intelligence	fetterless	
power	attractive force	unsearchable	
force	adhesion, cohesion	unfathomable	
action	Mind-force	All-in-all	
movement	associations of ideas	All, all	
emanation	wisdom	the one Mind	
proceeds from	Mind of Christ		Recommended references for studying this subject:
issues	Mind-reading		Books by Max Kappeler:
flows forth	faculties		<i>References in the Booklet Compendium for the Study of Christian Science, #4: Mind.</i>
springs from	spiritual seeing,		<i>The Science of the Oneness of Being in the Christian Science Textbook, pp. 41-45, overview.</i>
influence	hearing, feeling		<i>The Seven Synonymous Terms for God, Chapter 1. See Appendix.</i>
ideas	guidance		Recordings by Max Kappeler:
image	leads, steers		A-4: <i>The Structure-principle of Being, 1974, Wilmington, DE, hours 10-12A.</i>
model	directs		A-6I: <i>Syllabus I, 1977, hours 1-8A.</i>
thoughts	unerring		Books by John Dooley:
	corrects		<i>The Pure Science of Christian Science, pp. 42-47, 98-126, 157-189.</i>

SPIRIT

Spirit separates ideas from illusions

- dividing line
- no point of contact
- never mingles
- excludes matter

understanding

- faculty of discernment

warfare between the flesh and Spirit

the strength of Spirit

- uncompromising strength
- firm standpoint

leaven–alchemy

- understanding transforms
- chemicalization

birth

- brings forth
- scientific obstetrics
- newness of life

development

- unfoldment
- evolution

offspring

“bears fruit”

order

- ordered sequence
- law of order: like produces like

purity

baptism

- burial

worship

- focus
- centered

reflection

- focal point, rhythm
- diversifying
- classifying
- individualizing
- infinite calculus

likeness

good

substance

reality

- the real
- actualities
- positive
- tangible

nature

- qualities

supply

- spiritual realities

the only

- only one
- no opposite or other

Negative

dualism

matter

- subjective state of mortal mind

flesh

- belief of life or substance in matter

spiritualism

Recommended references for studying this subject:

Books by Max Kappeler:

References in the Booklet Compendium for the Study of Christian Science, #5: Spirit.

The Seven Synonymous Terms for God, Chapter 1.

Recordings by Max Kappeler:

A-6I: *Syllabus I, 1977, hours 8B–14.*

SOUL

from sense to Soul
wandering
spiritual idea appearing

identity
name
spiritual identities
characteristics
coincidence
oneness in essence
selfhood
identity of interests

names
defines
definite
identification

man, the representative
the expression of God

spiritual understanding

outside body

never “in” anything

the greater controls the
lesser

master

resurrection

spiritual sense
Soul-sense
constant, steadfast

reverses
exchanges, transforms

unchangeable
changeless
no loss
no forgetfulness
never injured, intact
undisturbed,
unimpaired
steadfastness
regularity
constancy
immortality

carries the seed
within itself
reproduces itself
kind, gender

capacity
withinness

sinless

immortality

freedom

joy, happiness,
satisfaction
balance
rejoices
beauty, grace

self-abnegation

rule

Negative

the material senses

body

sin

sensation
ecstasy, emotion
passion
propensities
sufferings, sorrows
pleasures
feelings

counterfeits *per se*

Recommended references for studying this subject:

Books by Max Kappeler:

*References in the Booklet Compendium
for the Study of Christian Science, #6:
Soul.*

*The Seven Synonymous Terms for God,
Chapter 1.*

Recordings by Max Kappeler:

A-6I: *Syllabus I*, 1977, hours 14–19.

PRINCIPLE

the creative Principle: Mind, Spirit, Soul
creative nature

the triune Principle: Life, Truth, Love
essence
trinity in unity
Father, Son, Mother
triune Person

the sevenfold Principle
wholeness
central point
Principle of all
Supreme Being

all ideas have the same Principle

Principle and its idea

the idea must be seen in its Principle

Principle and its idea is one

relationship

the unity of God
atonement/at-one-ment
inseparable
divine coincidence

universe

harmony

system

government
theocracy

absolute
immutable, fixed
apodictical
imperative

never pardons
never repents
correction

obedience to Principle

demonstrates itself
spiritual power
operates

proves itself

ever-operative
working out all good
always at work

interprets itself
expounds
explains, states

God is the Principle of all sciences
solves all problems

Negative

personality, personal sense
anthropomorphism

material organization

theories
opinions

lack of Principle
without Principle
hypocrisy
dishonesty
disloyalty

Recommended references for studying this subject:

Books by Max Kappeler:

References in the Booklet Compendium for the Study of Christian Science, #7: Principle.

The Seven Synonymous Terms for God, Chapter 1.

Recordings by Max Kappeler:

A-6I: *Syllabus I, 1977, hours 20–23.*

LIFE

Principle–Life

Life-principle

Father

co-existence

self-sustaining

sustainer

self-creating

self-existent

God is the Life of man

only one Life

here and now

ever-present

to know God is eternal life

exaltation

rise in consciousness

giving up the mortal concept

of existence

to love God means Life

multiplication

stream of ever-new ideas

abundance, supply

grace, inspiration

newness and spontaneity of life

resuscitates

regenerates

the way of Life

method

following the way

individuality

existence

ever-present

present condition of perfection

now, nowness

being

eternal

nowness

isness

everlasting newness

without beginning, without end

spontaneous

permanency

continuity

indestructible

cannot be annihilated or erased

deathless

immortality

Negative

material life

Life is never in nor of matter

organic life

organizations, embryonic, mortal life

food, blood, time

death

Recommended references for studying this subject:

Books by Max Kappeler:

References in the Booklet Compendium for the Study of Christian Science, #8: Life.

The Seven Synonymous Terms for God, Chapter 1.

Recordings by Max Kappeler:

A-6I: *Syllabus I*, 1977, hours 23B–25A.

TRUTH

Truth

actuality of God
truthfulness

Life–Truth

Truth must be sought

motives of truth
sincerity and
righteousness

the key to harmony

state of consciousness

claim Truth

claims of Truth
accept, affirm Truth
adherent of Truth
standing for Truth
testify, be steadfast
denying erroneous
concepts

trust Truth

unshakable
dependable, unswerving
rock, cornerstone

standard

ideal standards
standard of ideas

ideal

son

Messiah or Christ
child of God
heir appropriates
inheritance
possesses, claims, affirms
self-asserting
self-claiming
self-affirming

Christ

consciousness

man

ideal man
compound idea
generic man
male and female qualities
individual consciousness
of perfection

health

form

faultless

the voice of Truth

revelation

reveals itself
awakens spirituality

the light of Truth

radiance, sunshine of
Truth
true light
unveils and uncovers

the utilization of Truth

the seed of Truth

the leaven of Truth
chemicalization

the sword of Truth

two-edged sword

power to prevail

energy, potency
enforces itself
healing power

destroys error

dispels, deprives
annihilates, removes
obliterates, consumes
overcomes, conquers
vanquishes, triumphs

remedy

alterative
universal panacea

dominion

deliverer

Negative

error

contradiction
unlikeness
opposite of Truth
simulation of Truth
falsity
absence of Truth
nothingness

lie

falsehood
denial of Truth

sickness

Recommended references for studying this subject:

Books by Max Kappeler:

References in the Booklet Compendium for the Study of Christian Science, #9: Truth. The Seven Synonymous Terms for God, Chapter 1.

Recordings by Max Kappeler:

A-6I: *Syllabus I*, 1977, hours 25B–28A.

LOVE

God is Love
spiritual fulfillment
sum total of Deity

Truth–Love
love of truth

mother
motherhood, mothers

imparts all good
bestows, gives,
imparts all
inexhaustible gifts
makes man a partaker

meets human needs

inexhaustible
to the fullest extent
abundance, profusion
complete sufficiency

universal
universality
impartial
omnipresent
world-citizen

perfection
completeness
highest excellence

fulfillment

inseparable union
oneness, wedded
inner conviction
self-sufficiency
self-containment
united, held in Love
perfectibility
never deserted
accept, receive
attraction

brings full compensation
fully counterbalances

womanhood
divinely feminine
ideal woman: Life and
Love

ministering Love
all-ministering

loveliness
loving attitude
love of our true self
clear intellect plus a
loving heart
amplitude of pure
affection
sympathy, devotion
goodness, beauty
comeliness, grace

chastens
forces to accept

blesses all
forgives

knows no temptation
does not tempt

knows no error
universal solvent
error is excluded
no contest

redemption
deliverance
miracle of grace

protection

holiness, glory
glorification

rest

peace

plan
design, purpose
collective plan

Christianity

Negative

fear

hate
antipathy

enmity
envy, jealousy
victimization
favoritism
vengeance, cruelty
malice, treachery
curse, damnation
partiality

Recommended references for studying this subject:

Books by Max Kappeler:

Reference in the Booklet Compendium for the Study of Christian Science, #10: Love.

The Seven Synonymous Terms for God, Chapter 1.

Recordings by Max Kappeler:

A-6I: *Syllabus I, 1977, hours 28-29.*

IV. The Eight Ordered Steps to Finding Our Oneness with Being

Resolving the “personal I” into the “I Am” (From metaphysics to Science)

