



KAPPELER INSTITUTE RECORDINGS

ILLUSTRATIVE MATERIAL

**THE STRUCTURE OF THE CHRISTIAN SCIENCE TEXTBOOK—
OUR WAY OF LIFE**

Chapter X
SCIENCE OF BEING
THE PLATFORM
(Audio Code C-1B Complete)
Part I, II, & III

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(Audio code: C-1B, Part I and II)
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ABBREVIATIONS

M, Sp, So, P, Li, T, Lo	= Mind, Spirit, Soul, Principle, Life, Truth, Love.
W, X, Xty, Sc	= Word, Christ, Christianity, Science.
M – Lo	= the sequence of Mind through Love.
M/M – M/P	= Mind in its subtones of M, Sp, So, P (Mind as Mind, etc.).
MIND, SPIRIT, etc.	= in all capitals means that tone is the main tone.
W/W, W/X, W/Xty, W/Sc	= the Word in its subtones of Christ, Christianity, Science.
Sc, dSc, aCS, CS	= Science, divine Science, absolute Christian Science, Christian Science
><	= versus
S&H	= <i>Science and Health with Key to the Scriptures</i> , by Mary Baker Eddy

Illustrative Material for
The Structure of the Christian Science Textbook—Our Way of Life
Chapter X
“Science of Being”¹
(Audio code: C-1B, Part I and II)

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(Christianity reflecting the Christ)

Standpoint:

- a) Christianity reflecting the Christ: Ideas have a Christ
(See “The Structure of the Christian Science Textbook—Our Way of Life,” Max Kappeler, pp. 91–106).
- b) Layout of the chapter:
 - Part I (S&H 268:1–306:31): Ideas dissolve beliefs
(dissolving of latent error).
 - Part II (S&H 306: 32–330:10): The belief that man is a mortal yields
to the fact that man is immortal
(dissolving of concrete error, the
Adam-dream).
 - Part III (S&H 330:11–340:29): The dynamics of the divine idea
(the divine calculus).
- c) What is reality?
 - Are life, substance and intelligence material or spiritual?
 - Are the facts (Truth) of being (Life) material or spiritual (Spirit)?

Scriptural Note:

I and II

**Introductory
basic subject of
the chapter:**

(S&H 268:1–13)

¹ Edited excerpt from Max Kappeler, *Epitomes for the Spiritually Structured Interpretation of the Christian Science Textbook* (Seattle: Kappeler Institute Publishing), Ch. X.

Part I

(S&H 268:1–306:31)

Ideas dissolve their counterfeit-beliefs

Mind: **The idea of a metaphysical basis dissolves the belief in a material basis (S&H 268:1–276:24).**

- as Mind: The belief in a material basis challenges the idea of a metaphysical basis (S&H 268:1–13).
- as Spirit: Semi-metaphysical systems unfold pantheistic unreality; metaphysics unfolds the reality of good (S&H 268:14–269:8).
- as Soul: Metaphysics is above physics and exchanges the objects of sense for the idea of Soul (S&H 269:9–20).
- as Principle: Metaphysics bases itself on the Science of Mind and not on materialistic theories (S&H 269:21–270:21).
- as Life: A cultivated spiritual understanding of Mind heals and leads to life eternal (S&H 270:22–271:25).
- as Truth: A spiritual sense of truth annuls so-called material truth (S&H 271:26–274:11). How?
 - as Mind: by being willing to learn Christian healing based on the spiritual meaning of the Word (S&H 271:26–272:2).
 - as Spirit: by gaining the spiritual sense of the Scriptures (S&H 272:3–12).
 - as Soul: by Christianization of daily life (S&H 272:13–27).
 - as Principle: by interpreting all from the divine Principle—and not through the testimony of the physical senses (S&H 272:28–273:15).
 - as Life: by understanding the truth of being, which reveals the laws of spiritual existence (S&H 273:16–20).
 - as Truth: by overcoming through deeds the claims of material laws (S&H 273:21–28).
 - as Love: by persistently opposing mortal mind with ideas (S&H 273:29–274:11).
- as Love: **In divine metaphysics all is the manifestation of the one Mind, and there is no matter (S&H 274:12–276:24).**
 - as Mind: Understanding Science supersedes the so-called laws of matter (S&H 274:12–22)
 - as Spirit: and destroys the imaginary partnership of matter and mind (S&H 274:23–32).
 - as Soul: As matter has nothing from God, it has nothing to lose (S&H 275:1–9).
 - as Principle: All belongs to Principle and is the manifestation of Mind (S&H 275:10–24).
 - as Life: Such a scientific understanding robs the grave of victory (S&H 275:25–30).
 - as Truth: As real consciousness is cognizant only of the things of God, it heals the sick (S&H 275:31–276:11).
 - as Love: With God as the only Mind, all is seen in its perfection (S&H 276:12–24).

Spirit: **The idea of spiritual reality dissolves the belief in a material reality (S&H 276:25–280:8).**

- as Mind: Like produces only like; Mind does not produce matter and matter does not produce mind (S&H 276:25–277:23).
- as Spirit: Spirit is the real, matter is the unreal (S&H 277:24–32).

Spirit: continued.

- as Soul: Therefore there is no matter “in” Spirit and this explains away the notion of substance-matter (S&H 278:1–11).
- as Principle: As we approach the only cause, Spirit, we lose all consciousness of material substance (S&H 278:12–22).
- as Life: The substance of Spirit is eternal; matter is mortal (S&H 278:23–279:10).
- as Truth: To spiritual consciousness the immortal facts of being are real, and this dissolves the contradictory dualism of pantheistic beliefs (S&H 279:11–32).
- as Love: From Spirit only reflections of good can come; matter is unknown (S&H 280:1–8).

Soul: The idea of limitlessness dissolves the belief of limitations of every kind (S&H 280:9–285:6).

- as Mind: Mind is unlimited; beliefs would limit and divide up the infinite (S&H 280:9–15).
- as Spirit: There is only one God; beliefs would make minds many and gods many (S&H 280:16–24).
- as Soul: Soul and its qualities are supreme over corporeality (S&H 280:25–281:6).
- as Principle: The Ego-man is the image and likeness of the Ego-God, the divine Principle; sin and mortality have no Principle (S&H 281:7–26).
- as Life: The infinite is eternal; the finite is temporal (S&H 281:27–282:22);
- as Truth: The true concept dispels the false beliefs of intelligence and life in matter (S&H 282:23–283:31).
- as Love: The unlimited cannot possibly know the limited, nor can the limited know the unlimited (S&H 283:32–285:6).

Principle: The idea of the sole authority of the divine Principle dissolves the belief that there are other authorities (S&H 285:7–288:19).

- as Mind: Man is God’s image; a material personality is its counterfeit (S&H 285:7–14).
- as Spirit: To material conception God and man are physical personalities; to divine conception they are Principle and idea (S&H 285:15–22).
- as Soul: To demonstrate Science we must look beyond human doctrines and gain a spiritual understanding of the divine Principle (S&H 285:23–286:8).
- as Principle: The divine Principle, not physical causation, governs the universe (S&H 286:9–20).
- as Life: All that proceeds from a divine cause is eternal; everything else is temporal (S&H 286:21–287:8).
- as Truth: As error is not foundational, it must finally yield to Truth (S&H 287:9–31).

Principle: continued.

as Love: Love settles all conflicts; then spiritual harmony alone reigns (S&H 287:32–288:19).

Life: The idea of immortal Life dissolves the belief of mortality (S&H 288:20–292:6).

as Mind: Man as the idea of Life is immortal; a mortal is not this idea (S&H 288:20–289:13).

as Spirit: Spirit and spiritual things alone are real and eternal; the belief of life in matter is a mortal illusion (S&H 289:14–290:2).

as Soul: A higher level of existence cannot be gained through death but only through a spiritual sense of life (S&H 290:3–15).

Principle: Immortality must be demonstrated through the destruction of sin and cannot be gained through death or God’s pardon (S&H 290:16–291:11).

as Life: Life is gained through progression and probation, not through death (S&H 291:12–27).

as Truth: The divine judgment destroys error hourly and continually (S&H 291:28–32).

as Love: When the last mortal fault is destroyed, the battle with mortality is ended and the heights and depths of being are revealed (S&H 292:1–6).

Truth: The idea of immortal consciousness, constituting true man, dissolves the belief of mortal consciousness, constituting mortals (S&H 292:7–302:24).

as Mind: Material man and the material universe have their origin in the self-destructive illusive consciousness; but the real man has his origin in divine Mind (S&H 292:7–293:31).

as Spirit: The mortal belief that man is a union of matter and Spirit is unreal; only spiritual man is real (S&H 293: 32–294:18).

as Soul: When, through suffering or Science, mortal consciousness is given up, the immortality of man appears (S&H 294:19–296:21).

Principle: A scientific consciousness has its foundation in Principle; beliefs and faith are not founded in Principle (S&H 296:22–298:24).

as Life: Exalted thoughts (angel-consciousness) point to higher ideals of life (S&H 298:25–299:17).

as Truth: A consciousness of Truth brings the true reflection, man, to light, so that the inverted image disappears (S&H 299:18–302:13).

as Love: Beyond mortal illusions, the true man has always existed in perfection (S&H 302:14–24).

Love:	The idea of man’s oneness with God dissolves the belief that man is separate from God (S&H 302:25–306:31).
as Mind:	Man is a mental manifestation of divine Mind; he comes from no power of propagation in matter (S&H 302:25–303:7).
as Spirit:	Man is conceived, born and evolved from Spirit, not matter; any other statement is illusive (S&H 303:8–20).
as Soul:	Man is God’s own expression and can never lose his high estate (S&H 303:21–304:15).
Principle:	In Science man can only work as God works; he can do nothing harmonious of himself (S&H 304:16–305:19).
as Life:	Life demonstrates the immortality of man; he is not subject to decay (S&H 305:20–306:20).
as Truth:	Undisturbed by mortal thought-forms the true forms of being continue to exist (S&H 306:21–29).
as Love:	Man is God’s man, therefore never a mortal (S&H 306:30–31).

The Law:

Each of the seven man subjects presents through its seven sub-subjects the law as to how ideas dissolve opposite beliefs:

Mind:	always presents the two opposite starting-points: idea in contrast to false belief;
Spirit:	always show that idea is real and that false belief is unreal;
Soul:	always shows that idea is superior to false belief—that idea is never “in” something;
Principle:	always shows that idea alone is backed up by Principle, whereas beliefs can never be traced back to a divine Principle;
Life:	always shows that idea is in and of Spirit and therefore eternal; that it does not live in matter but exists exalted above the belief of mortal existence;
Truth:	always shows that the consciousness of ideas destroys erroneous consciousness, the consciousness of false beliefs;
Love:	always shows that idea is one with God and that false beliefs are nothing.

Ideas Dissolve Beliefs
(Chapter X, “Science of Being” in Science and Health)

Idea versus belief dissolves	Mind metaphysical basis versus material basis	Spirit spiritual reality versus material reality	Soul limitlessness versus limitations	Principle divine authority versus other authorities	Life immortal Life versus mortal life	Truth immortal consciousness versus mortal consciousness	Love oneness with God versus separation from God
Mind idea opposed to belief	Metaphysics, not matter is our basis	Like produces like; Mind does not produce matter	The divine Mind is unlimited; beliefs are limited	Man is the image of God; a material personality is not this image	Man as idea is immortal; mortals are not this idea	The origin of the real man is Mind; material man is illusive consciousness	Man is the manifestation of Mind, not of matter
Spirit idea is real, belief is unreal	Metaphysics is real; semi-metaphysics is unreal	Spirit is real; matter is unreal	Only the one God is real; there are not gods many	God and man are Principle and idea; they are not physical personalities	Spiritual life is real; material life is unreal	Spiritual man is real; material man is unreal	Man is born of Spirit; any other statement is illusive
Soul idea superior to belief, never “in” something	Metaphysics is above physics	Spirit explains away substance-matter	Soul is supreme over corporeality	The divine Principle is above human theories	Spiritual sense gains a higher level of existence	Spiritual consciousness must replace mortal consciousness	Man can never lose his high estate
Principle only idea has a divine Principle	Metaphysics bases itself on the Science of Mind	Spirit is the cause of substance	The one Ego is the Principle of man	The divine Principle governs the universe	Immortality is gained only through demonstration	A scientific consciousness has its foundation in Principle	Man can only work as Principle works
Life idea is exalted, eternal	Spiritualization of thought leads to eternal life	The substance of Spirit is eternal	Limitlessness is eternal	All that proceeds from Principle is eternal	Deathless life is gained through spiritual progression	Spiritual consciousness lifts us to our true individuality	Life demonstrates the immortality of man
Truth idea destroys false belief	Spiritual sense of truth annuls material truth	Spiritual consciousness annuls pantheistic beliefs	The true concept dispels the belief in limitations	Error yields to Truth	Error must be destroyed hourly	True consciousness dissolves false consciousness	The true forms of existence continue to exist undisturbed by mortal thought forms
Love idea is one with God; belief is nothing	All is the manifestation of Mind; there is no matter	Only reflections of good exist; matter is unknown	The unlimited knows no limitations	Harmony alone reigns; all conflicts are solved	When the last fault is destroyed, being is revealed and mortality is ended	True man exists always in perfection, beyond mortal illusions	Man is God’s man, never a mortal

Part II

(S&H 306:32–330:10)

The belief that man is a mortal yields to the fact that man is immortal

- Mind:** **The belief that man is created of intelligent matter yields to the fact that man’s origin is in the divine Mind (S&H 306:32–307:30).**
- as Mind: The Adam-dream is the origin of the delusion that life and intelligence proceed from matter (S&H 306:32–307:6).
- as Spirit: Evil claims that there is more than one intelligence, that there are gods many (S&H 307:7–13).
- as Soul: This belief yields to the higher law that the divine Mind is the Soul of man (S&H 307:14–30).
- Spirit:** **The belief that man consists of material error yields to the fact that man is purely spiritual (S&H 307:31–309:23).**
- as Mind: Mortals must decide between the belief of mind in matter and the living faith that God is the only Mind (S&H 307:31–308:13).
- as Spirit: With spiritual strength mortals must struggle against material sense until its unreality is seen (S&H 308:14–309:6).
- as Soul: This struggle of Spirit changes man and gives him a new name (S&H 309:7–23).
- Soul:** **The belief that man is a corporeal mortal yields to the fact that the identity of man is incorporeal and immortal (S&H 309:24–312:13).**
- as Mind: Soul expresses itself through the intelligence of its own infinite Mind, not through a finite body (S&H 309:24–310:17).
- as Spirit: As Soul is Spirit, Soul is unchangeable, sinless, immortal (S&H 310:18–311:6).
- as Soul: Spiritual man is sinless and is never lost spiritually; but a sense of sin must be lost (S&H 311:7–25).
- as Principle: Science reverses the false testimony of the physical senses (S&H 311:26–312:7).
- as Life: Only the senses testify to death; only the beliefs of mortals can die (S&H 312:8–13).
- Principle:** **The belief that man is subject to a personal, unknown Deity yields to the fact that God is man’s impersonal, understandable Principle (S&H 312:14–314:9)**
- as Mind: Instead of understanding God as eternal Principle (Life, Truth, and Love) mortals believe in a finite, corporeal, personal God (S&H 312:14–22).

Principle: continued.

- as Spirit: Mortals turn towards material theories instead of to the divine Principle (S&H 312:23–30).
- as Soul: Jesus’ demonstration of the divine Principle anointed him with God-given qualities (S&H 312:31–313:8).
- Principle: As a royal reflection of God, Jesus was an expression of God’s glory (S&H 313:9–22).
- as Life: As the most scientific man, Jesus gained the solution of being (S&H 313:23–314:9).

Life: The belief that man has a corporeal life yields to the fact that the life of man can only be discerned spiritually (S&H 314:10–315:20).

- as Mind: Material views cannot discern the true idea of Life (S&H 314:10–22).
- as Spirit: Material beliefs and laws oppose spiritual being (S&H 314:23–315:2).
- as Soul: Jesus’ understanding that his Ego was God brought upon him the anathemas of the age (S&H 315:3–10).
- as Principle: By subduing false views we can discern and prove man’s spiritual existence (S&H 315:11–20).

Truth: The belief that man has an erring consciousness yields to the fact that man has the saving Christ-consciousness (S&H 315:21–319:20).

- as Mind: Jesus’ spiritual origin enabled him to demonstrate through Truth the destruction of error (S&H 315:21–28).
- as Spirit: As the mediator between Spirit and the flesh, Jesus demonstrated the Christ, Truth, as the power of Spirit over the flesh (S&H 315:29–316:11).
- as Soul: As the representative of the Christ or the true idea of God, Jesus was not subject to sin but demonstrated man’s dominion over all the earth (S&H 316:12–32).
- as Principle: Jesus uttered the secret things of the creative divine Principle, and not the proclamations of an anthropomorphic god (S&H 317:1–5).
- as Life: Living our spiritual individuality in spite of persecutions enables us to conquer sin, disease, and death (S&H 317:6–318:4).
- as Truth: Truth heals sickness by silencing material sense with the truth of spiritual sense (S&H 318:5–319:12).
- as Love: Understanding that man has no other Mind but God, all mythological beliefs disappear (S&H 319:13–20).

Love: The belief that mankind cannot be saved yields to the fact that divine Science can be demonstrated infallibly (S&H 319:21–330:10).

- as Mind: The spiritual meaning of the Science of the Bible must be gained through inspiration, not through the letter (S&H 319:21–320:23).

Love: continued.

- as Spirit: In order to gain the spiritual meaning of the Bible, the standpoint of interpretation must be changed from a material to a spiritual basis (S&H 320:24–322:13).
- as Soul: Through sharp experiences and suffering, physical sense gives way to a higher sense and the unconfined sense is reached (S&H 322:14–323:12).
- as Principle: Practicing what has been understood precipitates ultimate harmony (S&H 323:13–324:6).
- as Life: By following the true idea of being we reap indestructible Life (S&H 324:7–325:29).
- as Truth: Living aright brings the final destruction of error (S&H 325:30–328:13).
- as Mind: Truth brings light to false beliefs (S&H 325:30–326:2).
- as Spirit: To demonstrate Truth our whole affections must be set on spiritual and not on material things (S&H 326:3–22).
- as Soul: When the uncertain sense of right yields to a spiritual sense, which is always right, then man is reformed (S&H 326:23–327:16).
- as Principle: The strict demands of Science demand the correction of error (S&H 327:17–328:3).
- as Life: Living the Life that is God brings the final destruction of error
- as Truth: and reveals the grand realities of God’s allness
- as Love: (S&H 328:4–13).
- as Love: Equipped with the might of divine Science, humanity can prove the infallibility of divine metaphysics (S&H 328:14–330:10).

Part III

(S&H 330:11–340:29)

The dynamics of the divine idea

Word: The deific creator (S&H 330:11–332:8)

- as Word: God declared through the revelations of Mind.
- I. The individuality of the one infinite Life can only be known through the revelation of divine Science.
 - II. The one God (Life, Truth, Love) is declared through the one Mind.
- as Christ: God expresses Himself as an unlimited creation of good only.
- III. Evil is not mind; it is nothing, obsolete.
 - IV. Life is Mind, the creator reflected—not absorbed—in His creation.
- as Christianity: God is All-in-all.
- V. All is Mind and its ideas.
 - VI. God, the universal creator, is reflected by all that is real and eternal: therefore all is Spirit and spiritual.
- as Science: God’s inner unity.
- VII. The trinity of the divine Person (Life, Truth, Love).
 - VIII. God’s relationship to His creation: “We are His offspring”.

Christ: The Christ-idea (S&H 332:9–334:30)

- as Word: Christ is the true idea leading into all truth.
- IX. Christ is the true idea voicing good.
 - X. Christ is the divine idea of God leading into all truth.
- as Christ: The Christ expresses itself as the Godlike.
- XI. Christ illustrates the spiritual coincidence between God and man in His image.
 - XII. Christ expresses God’s spiritual, eternal nature as man’s Godlike-ness.
- as Christianity: Christ comes at all times to all and blesses all.
- XIII. Christ, the spiritual idea, inseparable from its divine Principle, comes at all times to all men.
 - XIV. Christ, the spiritual idea, eternally one with God, illumines forever heaven and earth.

Christ: The Christ-idea, continued.

- as Science: The one Christ is eternal.
- XV. The one Christ continues to exist in the eternal order of divine Science.
 - XVI. In the understanding of Science, the one Christ (the first and the last) is eternally alive.

Christianity: Infinite individualized spiritual reflection (S&H 334:31–336:31)

- as Word: Spirit creates infinitely individualized spiritually substantial things.
- XVII. There is only one Spirit, infinitely individualized.
 - XVIII. Spirit creates only spiritual things; they alone are substance.
- as Christ: Spirit evolves only immortal, spiritual reality.
- XIX. As Spirit is Soul, Spirit can only evolve the immortal
 - XX. Mind produces only a reality that is spiritual.
- as Christianity: The spiritual universe, including man, is the reflection of God.
- XXI. The divine individuality is never in limitation, but is reflected in all spiritual individuality.
 - XXII. Spiritual man is the infinite expression and reflection of God.
- as Science: In the indivisible allness, God and man coexist.
- XXIII. Indivisible allness.
 - XXIV. God and man are inseparable and coexistent.

Science: Scientific being (S&H 336:32–340:29)

- as Word: With the Mind of God perfection is seen.
- XXV. The scientific unity of man with his Principle constitutes man's perfection.
 - XXVI. Purity of hearth leads to perfection.
- as Christ: An understanding of the true idea of man brings God's man to light.
- XXVII. Eternal things (verities) are God's thoughts and are real; temporal things are the thoughts of mortals and are unreal.
 - XXVIII. Christian Science, rightly understood proves its system by healing the sick and the sinning.
- as Christianity: The ideal man is revealed through the destruction of all sin..
- XXIX. The ideal man, not Adam, represents man's unity with God.
 - XXX. God's pardon involves the final destruction of all sin.

Science: Scientific being, continued.

as Science: Understanding the allness and oneness of God demonstrates the unreality of evil and the reality of good.

XXXI. Only through Science can the unreality of evil be fully understood and demonstrated.

XXXII. Understanding that all men have one Mind demonstrates God's kingdom "in earth as it is in heaven".