



KAPPELER INSTITUTE RECORDINGS

ILLUSTRATIVE MATERIAL

**THE STRUCTURE OF THE CHRISTIAN SCIENCE TEXTBOOK—
OUR WAY OF LIFE**

Chapter VII
PHYSIOLOGY
(Audio Code C-1PH)

MAX KAPPELER

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Chapter VII Physiology

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ABBREVIATIONS

M, Sp, So, P, Li, T, Lo	= Mind, Spirit, Soul, Principle, Life, Truth, Love
W, X, Xty, Sc	= Word, Christ, Christianity, Science
M – Lo	= means the sequence of Mind through Love
M/M – M/P	= means Mind in its subtones of M, Sp, So, P (Mind as Mind, etc.)
MIND, SPIRIT, etc.	= in all capitals means that tone is the main tone
W/W, W/X, W/Xty, W/Sc	= means the Word in its subtones of Word, Christ, Christianity, Science
> <	= versus
S&H	= <i>Science and Health with Key to the Scriptures</i> , by Mary Baker Eddy
Sc, dSc, aCS, CS	= Science, divine Science, absolute Christian Science, Christian Science

Audio Code: C-1PH

Title: Physiology

Author: Max Kappeler

Time: 8 hrs

Level: Introductory

Subject(s): The Structure of the Christian Science Textbook

Related books: Max Kappeler, *The Structure of the Christian Science Textbook—Our Way of Life*

Overview of C-1 Series: For over 60 years, Max Kappeler presented the structure of the Christian Science textbook through books, lectures, and classes, giving the divinely structured layout of each chapter. Kappeler's premise is that *Science and Health with Key to the Scriptures*, by Mary Baker Eddy, is a revealed text and contains the whole of Christian Science. Read humanly, atomistically, or sentence by sentence, the divinely inspired structure is missed. Our challenge is to understand Mrs. Eddy's revelation in its Science, something that can only be achieved through understanding the Textbook's spiritual system and structure. When John W. Doorly pointed out the fundamental categories of the scientific system of Christian Science, it became possible to interpret the Textbook as a divinely structured, coherent story. This story leads the student through an evolution of understanding and consciousness in an uninterrupted, ordered way, from the first page to the last. This spiritual story is our ordered way of Life.

Synopsis: Max Kappeler shows how, through a new concept of Being, that the mortal basis can be exchanged for an immortal one. Our physiological concept of man has nothing in common with the true idea of man when we awake to the recognition of the fact that man is the idea of God.

Contents: A review of Chapters I-VI

- Chapter place value: Christ to Christianity
- Correct practice, letting Principle apply itself >< human application of Truth to error
- Ontology >< Physiology: Scriptural notes

Part I: the claims of mortal man versus the 7 synonymous terms

Mind: mortal mind is the cause of all discord

Spirit: reliance on matter brings desolation

Soul: the body, which is an assumed combination of spirit and matter, is not the real identity, man

Principle: human beliefs and all discord are one

Life: mortal mind methods, medical methods, increase disease

Shift from metaphysics to Science comes at the point of Truth

- Metaphysics >< Science

Truth: no remedy except Truth is potent

- Crystallization of Truth tone, Truth, the only healing agent

Love: mortal mind or evil is nothing

- Only a divinely structured consciousness can grasp Science

CH. VII Physiology, *The Structure of the Christian Science Textbook—Our Way of Life*, Audio code C-1PH

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Part II:

Mind: man must be cognized as an idea of Mind

Spirit: only moral and spiritual strength can be trusted

Soul: spiritual understanding determines the state of immortal man and of the body

Principle: scientific investigation and knowledge are useful

Life: individual opinions must be improved

Truth: devotion to honest achievement makes that achievement possible

Love: man is perfect and glorified

Physiology **(Christ as Christianity)**

See also:

- S&H 556:25-30 “Ontology receives less attention than physiology. Why? Because mortal mind must waken to spiritual life before it cares to solve the problem of being, hence the author’s experience; but when that awakening comes, existence will be on a new standpoint.”
- S&H 148:25-2 “Physiology exalts matter, dethrones Mind, and claims to rule man by material law, instead of spiritual. When physiology fails to give health or life by this process, it ignores the divine Spirit as unable or unwilling to render help in time of physical need. When mortals sin, this ruling of the schools leaves them to the guidance of a theology which admits God to be the healer of sin but not of sickness, although our great Master demonstrated that Truth could save from sickness as well as from sin.”
- S&H 200:8-13 “Whoever is incompetent to explain Soul would be wise not to undertake the explanation of body. Life is, always has been, and ever will be independent of matter; for Life is God, and man is the idea of God, not formed materially but spiritually, and not subject to decay and dust.”
- Scriptural Note I:
S&H 170:14-17 “The demands of Truth are spiritual, and reach the body through Mind. The best interpreter of man’s needs said: ‘Take no thought for your life, what ye shall eat, or what ye shall drink.’”
- S&H 197:11-15 “The less that is said of physical structure and laws, and the more that is thought and said about moral and spiritual law, the higher will be the standard of living and the farther mortals will be removed from imbecility or disease.”
- Scriptural Note II:
S&H 167:30-31 “Only through radical reliance on Truth can scientific healing power be realized.”
- Introduction:
S&H 165:1-5 “Should we implore a corporeal God to heal the sick out of His personal volition, or should we understand the infinite divine Principle which heals? If we rise no higher than blind faith, the Science of healing is not attained, and Soul-existence, in the place of sense-existence, is not comprehended.”
- S&H 196:1-5 “If materialistic knowledge is power, it is not wisdom. It is but a blind force. Man has “sought out many inventions,” but he has not yet found it true that knowledge can save him from the dire effects of knowledge. The power of mortal mind over its own body is little understood”
- S&H 197:5-10 “A minutely described disease costs many a man his earthly days of comfort. What a price for human knowledge! But the price does not exceed the original cost. God said of the tree of knowledge, which bears the fruit of sin, disease, and death, “In the day that thou eatest thereof thou shalt surely die.”

Physiology(Christ as Christianity), continued.

Introduction (cont.):

- S&H 200:27-29 “(I Cor. ii.2.) Christian Science says: I am determined not to know anything among you, save Jesus Christ, and him glorified.”
- S&H 182:22-26 “Mortals entreat the divine Mind to heal the sick, and forthwith shut out the aid of Mind by using material means, thus working against themselves and their prayers and denying man’s God-given ability to demonstrate Mind’s sacred power.”
- S&H 183:22-25 “No reservation is made for any lesser loyalty. Obedience to Truth gives man power and strength. Submission to error superinduces loss of power.”

The power of Mind over the body

- S&H 166:3-7 “As a man thinketh, so is he. Mind is all that feels, acts, or impedes action. Ignorant of this, or shrinking from its implied responsibility, the healing effort is made on the wrong side, and thus the conscious control over the body is lost.”
- S&H 166:28-32 “The balance of power is conceded to be with matter by most of the medical systems; but when Mind at last asserts its mastery over sin, disease, and death, then is man found to be harmonious and immortal.”
- S&H 167:26-28 “The scientific government of the body must be attained through the divine Mind. It is impossible to gain control over the body in any other way.”
- S&H 169:16-17 “If we understood the control of Mind over body, we should put no faith in material means.”
- S&H 171:12-13 “Mind’s control over the universe, including man, is no longer an open question, but is demonstrable Science.”
- S&H 176:19-20 “Mortal mind is the worst foe of the body, while divine Mind is its best friend.”
- S&H 177:5-7 “The evidence of divine Mind’s healing power and absolute control is to me as certain as the evidence of my own existence.”
- S&H 182:18-19 “Mind’s government of the body must supersede the so-called laws of matter.”

With God all things are possible

- S&H 166:18-22 “Instead of thrusting Him aside in times of bodily trouble, and waiting for the hour of strength in which to acknowledge Him, we should learn that He can do all things for us in sickness as in health.”
- S&H 178:14-17 “When wrested from human belief and based on Science of the divine Mind, to which all things are possible, that chronic case is not difficult to cure.”
- S&H 180:25-27 “When man is governed by God, the ever-present Mind who understands all things, man knows that with God all things are possible.”
- S&H 182:32-1 “The law of Christ, or Truth, makes all things possible to Spirit...”

Our position as a Christian Scientist

- S&H 182:1-4 “The act of healing the sick through divine Mind alone, of casting out error with Truth, shows your position as a Christian Scientist.”
- S&H 192:4-6 “We are Christian Scientists, only as we quit our reliance upon that which is false and grasp the true. We are not Christian Scientists until we leave all for Christ.”

The demands of Truth

- S&H 170:14-15 “The demands of Truth are spiritual, and reach the body through Mind.”
- S&H 182:5-7 “The demands of God appeal to thought only; but the claims of mortality, and what are termed laws of nature, appertain to matter.”
- S&H 183:21-22 “Divine Mind rightly demands man’s entire obedience, affection, and strength.”
- S&H 184:12-15 “Truth, Life, and Love are the only legitimate and eternal demands on man, and they are spiritual lawgivers, enforcing obedience through divine statutes.”
- S&H 199:9-12 “Hence the great fact that Mind alone enlarges and empowers man through its mandate, — by reason of its demand for and supply of power.”

Subject of Chapter VII, Physiology:
An understanding of God bestows absolute control over the universe
from *Epitomes for the Spiritually Structured Interpretation of the Christian Science Textbook*,
by Max Kappeler (Seattle: Kappeler Institute Publishing, 1979)

Part I (S&H 165:6–190:31)

Subject: An understanding of God bestows dominion over the body

- MIND:** By turning from the belief in physiology and gaining an understanding of Mind, we achieve dominion over the body (165:6–167:10).
- as Mind: Physiology subjugates intelligence or mind to non-intelligent matter, thereby placing mind at the mercy of matter (165:6-11).
- as Spirit: Obedience to physical laws of health instead of to spiritual truth has multiplied disease (165:12-15).
- as Soul: The human mind, not matter, produces pain. When ignorant of this we lose the conscious control over the body, its feelings and actions (165:16–166:7).
- as Principle: Religious beliefs as well as medical beliefs are unable to save (166:8-14).
- as Life: Instead of ignoring God, we should learn that He can do all things for us (166:15-22).
- as Truth: When adherence to physiology fails to recover health, faith is turned to the divine Mind which asserts its mastery over sin, sickness and death (166:23-32).
- as Love: In proportion as we rise above blind faith to an apprehension of divine Science we attain the harmony of our existence (167:11–171:16).
- SPIRIT:** Through reliance of Spirit alone we can regain Paradise—Mind’s control over the universe including man (167:11–171:16).
- as Mind: We cannot serve two masters. Only by availing ourselves of the power of Spirit can we gain the divine source of all health and perfection (167:11-19).
- as Spirit: Radical reliance on Spirit alone—on God and His idea—is the only way by which the body can be governed scientifically (167:20-31).
- as Soul: By shifting our reliance from material beliefs to divine Mind we give preponderance to Mind and health (167:32–168:14).
- as Principle: Instead of acknowledging man-made systems as authority, we should obey the laws of Mind as the only authority, in spite of matter (168:15-23).
- as Life: When belief changes from a material to a spiritual basis we can also scientifically foresee a change from sickness to health and vice versa (168:24–169:17).

- as Truth: There can be no real healing except through absolute reliance on the supremacy of Spirit (169:18–170:27).
- as Love: Materiality (physiology) is hell; spirituality is Paradise (170:28–171:16).
- SOUL:** Physiology regards body as man, whereas we must define man as God's image and likeness (171:17–174:21).
- as Mind: Man is not a combination of Spirit and matter wherein man as the image of infinite Mind is believed to be subject to non-intelligence (171:17-30).
- as Spirit: Man has not gradually evolved through all the forms of matter into the likeness of Spirit; but in the eternal chain of existence man is uninterruptedly wholly spiritual (171:31–172:22).
- as Soul: Man is not a bodily structure of organs but a spiritual identity (172:23–173:16).
- as Principle: Physiology and its allied sciences do not define the real man, the image of God; they define the mortal body (173:17-29).
- as Life: By the methods of physiology man subjects himself to a higher form of idolatry—to the idols of civilization (173:30–174:8).
- as Truth: By rising in thought above the material standpoint we pioneer in opening the way in Christian Science (174:9-16).
- as Love: Man's heaven is on earth: Truth practiced (174:22–178:17).
- PRINCIPLE:** Mortal mind and its effects are one (174:22–176:20).
- as Mind: Mortal mind and disease are one; the divine Mind and health are one (174:22–176:20).
- as Spirit: There is only one basis for all classifications of diseases: mortal mind (176:21–177:7).
- as Soul: Mortal mind and body are one—a false human concept (177:8-14).
- as Principle: A theory and what it declares are one—an erroneous interpretation (177:15-24).
- as Life: The majority of human beliefs and their effects are one. They control the minority of human beliefs (177:25-178:7).
- as Truth: Heredity and mortal mind are one; the predisposing cause and the exciting cause are both mental (178:8-12).
- as Love: Fear and disease are one; they are both mental (178:13-17).
- LIFE:** Mortal mind's method increases disease, whereas an understanding of Christian Science is the metaphysical method which heals disease (178:18-180:24).
- as Mind: In proportion to our understanding of immortal being, animal magnetism—being self-contradictory—is disarmed (178:18-27).
- as Spirit: Only the living method of metaphysics—unmixed with other methods—can perform sudden cures (178:28–179:4).

- as Soul: Metaphysical healing is not restricted by space, it is based on the spiritual capacity of immortal Mind-reading (179: 5-11).
- as Principle: An education for any method of treatment creates also a demand for that method (179:12-20).
- as Life: Medical mindedness is the prolific source of disease and should be uprooted (179:21–180:4).
- as Truth: In Science, the understanding of the resuscitating law of Life—not faith in healers—is the real healer (180:5-10).
- as Love: Medical methods add more fear to the patient’s mind, while the metaphysical method casts out fear through divine Love (180:11-24).
- TRUTH: Christian Science heals through Truth alone (180:25–186:10).
- as Mind: Truth heals through trust in the Science of Mind alone, not by resorting to any lower remedies, such as manipulation, electricity, magnetism, hypnotism, drugs, matter, etc. (180:25–186:10).
- as Spirit: Truth makes all things possible through Spirit, but not to a dualistic standpoint of Spirit and matter (physiology) (182:5–183:7).
- as Soul: Obedience to Truth gives man dominion over sin and material beliefs through spiritual understanding, whereas submission to material beliefs induces loss of power (183:8-32).
- as Principle: Truth enforces obedience through divine statutes but never demands obedience to erroneous beliefs of so-called laws of health (184:1-15).
- as Life: Truth restores health by destroying the false belief which produced the mortal effect (184:16–185:5).
- as Truth: Truth’s healing power rests on immortal Mind and excludes the human mind as a spiritual factor in the healing work (185:6-25).
- as Love: Christian Science heals by emptying the human mind of its errors and filling it with the divine energies of Truth (185:26-186:10).
- LOVE: Mortal existence is illusionary, a belief which finally always falls back into its native nothingness (186:11–190:31).
- as Mind: Evil is nothing, a supposition of the absence of omnipotence (186:11-16).
- as Spirit: Evil is unreal; it is self-destructive (186:17-27).
- as Soul: Mortal mind is ignorant of itself and therefore is self-deceiving; it does not know Mind and therefore is an idolator (186:28–187:12).
- as Principle: Mortal mind governs all actions of the mortal body, both voluntary and miscalled involuntary actions. In Science, all action is governed by divine Mind (187:13-26).
- as Life: Death exists only in mortal mind. Mortality disappears when mortal mind yields to the divine Mind (187:27–188:2).

- as Truth: Disease does not exist: it is a dream, a growth of error. Christian Science establishes health (188:3–189:14)
- as Love: A mortal is only a mortal seeming. He starts from the lowest thought and returns to its native nothingness. Man, in God’s likeness, is spiritual and eternal (189:15–190:31).
1. The human mortal mind makes all things start from the lowest mortal thought (189:15-24).
 2. In human reproduction, embryonic mortal mind develops in the direct line of matter (189:25-32).
 3. So-called embryonic mortal mind afterwards produces mortals (190:1-7).
 4. Mortals then fill themselves with their own beliefs (190:8-13).
 5. Mortals are temporal and return to their native nothingness (190:14-26).
 6. Mortals must awake in God’s likeness (190:27-29).
 7. In God man is Godlike (190:30-31).

Part II (S&H 191:1–200:29)

Subject: An understanding of God is the true embodiment of man

- MIND: By apprehending that brain is not the basis of intelligence that fact dawns on human thought that the divine Mind is the only intelligence (191:1–192:3).
- as Mind: Brain cannot take cognizance of Mind nor give an idea of God’s man (191:1-3).
- as Spirit: By giving up the delusion in more than one Mind, man in God’s likeness, with no material element, appears (191:4-7).
- as Soul: When a material life-basis is found to be a misapprehension of existence, the spiritual sense of being dawns on human thought, and frees it from self-imposed bondage; then all will be transformed (191:8-20).
- as Principle: Organic (physiological) matter can do nothing of its own volition (191:21-23).
- as Life: The basis of the immortality of being is Spirit, not matter (191:24-27).
- as Truth: As Mind has not affinity with its opposite matter, Truth can cast out the errors of the flesh (191:28-32).
- as Love: Mind alone is intelligence, brain is not (191:32-192:3).
- SPIRIT: Trusting Spirit alone, the spiritual idea of man embodies the strength of omnipotent Spirit (194:4–194:5).
- as Mind: We must quite our reliance on human opinions and trust only Spirit (192:4-10).
- as Spirit: Human power is a blind force, a material belief, the offspring of will and of mortal mind (192:11-16).

Physiology(Christ as Christianity), continued.

SPIRIT continued:

- as Soul: By putting all into the scale of good we embody the good and this gives us the only real power (192:17-26).
- as Principle: By following in the understanding of divine metaphysics we receive directly the divine power (192:27-31).
- as Life: Reliance of Spirit has the power of resurrection (192:32–193:16).
- as Truth: Spirit has healing power (193:17-31)
- as Love: The might of omnipotent Spirit shares not its strength with matter but coincides with the spiritual idea of man (193:32–194:5).

SOUL: By exchanging the education of human belief with spiritual understanding the bodily condition changes (194:6–195:10).

PRINCIPLE: By forsaking materialistic knowledge for metaphysical Science mortal mind grows out of itself (195:11–196:5).

LIFE: By freeing mortal mind from its mortal beliefs, which alone are destructive, and by improving individual opinions the standard of living and of health is improved, too (196:6–198:28).

TRUTH: By consciously subduing mortal mind to divine Mind grand achievements become possible (198:29–200:7).

LOVE: As a material sense of body yields to a spiritual interpretation man as the perfect and glorified idea of God is apprehended (200:8-29).

Soul and Life: Man as idea is incorporeal and undecaying (200:8-15).

Spirit and Truth: The real man is the reflection of God (200:16-24).

Mind and Love: Christian Science knows man only as the glorified of God (200:25-29).

Study Material
on
Science and Health with Key to the Scriptures,
by Mary Baker Eddy

Chapter VII
Physiology

(Christ reflecting Christianity) ¹

Standpoint: Christ reflecting Christianity:
Christ from the absolute standpoint: translation from God to idea.
Christianity from the relative standpoint: translation of mortals into immortals.

Scriptural Note I: See S&H 170:14–17; 197:11–15

Scriptural Note II: See S&H 167:30–31

Introduction: S&H 165:1-5
See also S&H 196:1–5; 197:5–10; 200:27-29; 182:22–26;
183:21–25

The power of Mind over the body

S&H 166:3-7 “As a man thinketh, so is he. Mind is all that feels, acts, or impedes action. Ignorant of this, or shrinking from its implied responsibility, the healing effort is made on the wrong side, and thus the conscious control over the body is lost.”

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Part I

(S&H 165:6–190:31)

God is supreme over the mortal body

- Mind** **By turning from the belief in physiology and gaining an understanding of Mind, we achieve dominion over the body (S&H 165:6–167:10).**
- as Mind: Physiology subjugates intelligence or mind to non-intelligent matter, thereby placing mind at the mercy of matter (S&H 165:6-11).
- as Spirit: Obedience to physical laws of health instead of to spiritual truth has multiplied disease (S&H 165:12-15).
- as Soul: The human mind, not matter, produces pain. When ignorant of this we lose the conscious control over the body, its feelings and actions (S&H 165:16–166:7).
- as Principle: Religious beliefs as well as medical beliefs are unable to save (S&H 166:8-14).
- as Life: Instead of ignoring God, we should learn that He can do all things for us (S&H 166:15-22).
- as Truth: When adherence to physiology fails to recover health, faith is turned to the divine Mind which asserts its mastery over sin, sickness and death (S&H 166:23-32).
- as Love: In proportion as we rise above blind faith to an apprehension of divine Science we attain the harmony of our existence (S&H 167:11–171:16).
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- as Spirit: Radical reliance on Spirit alone—on God and His idea—is the only way by which the body can be governed scientifically (S&H 167:20-31).
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- as Truth: By rising in thought above the material standpoint we pioneer in opening the way in Christian Science (S&H 174:9-16).
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- as Mind: Mortal mind and disease are one; the divine Mind and health are one (S&H 174:22–176:20).
- as Spirit: There is only one basis for all classifications of diseases: mortal mind (S&H 176:21–177:7).
- as Soul: Mortal mind and body are one—a false human concept (S&H 177:8-14).
- as Principle: A theory and what it declares are one—an erroneous interpretation (S&H 177:15-24).
- as Life: The majority of human beliefs and their effects are one. They control the minority of human beliefs (S&H 177:25-178:7).
- as Truth: Heredity and mortal mind are one; the predisposing cause and the exciting cause are both mental (S&H 178:8-12).
- as Love: Fear and disease are one; they are both mental (S&H 178:13-17).

Life	Mortal mind’s method increases disease, whereas an understanding of Christian Science is the metaphysical method which heals disease (S&H 178:18-180:24).
as Mind:	In proportion to our understanding of immortal being, animal magnetism—being self-contradictory—is disarmed (S&H 178:18-27).
as Spirit:	Only the living method of metaphysics—unmixed with other methods—can perform sudden cures (S&H 178:28–179:4).
as Soul:	Metaphysical healing is not restricted by space, it is based on the spiritual capacity of immortal Mind-reading (S&H 179: 5-11).
as Principle:	An education for any method of treatment creates also a demand for that method (S&H 179:12-20).
as Life:	Medical mindedness is the prolific source of disease and should be uprooted (S&H 179:21–180:4).
as Truth:	In Science, the understanding of the resuscitating law of Life—not faith in healers—is the real healer (S&H 180:5-10).
as Love:	Medical methods add more fear to the patient’s mind, while the metaphysical method casts out fear through divine Love (S&H 180:11-24).

Truth	Christian Science heals through Truth alone (S&H 180:25–186:10).
as Mind:	Truth heals through trust in the Science of Mind alone, not by resorting to any lower remedies, such as manipulation, electricity, magnetism, hypnotism, drugs, matter, etc. (S&H 180:25–186:10).
as Spirit:	Truth makes all things possible through Spirit, but not to a dualistic standpoint of Spirit and matter (physiology) (S&H 182:5–183:7).
as Soul:	Obedience to Truth gives man dominion over sin and material beliefs through spiritual understanding, whereas submission to material beliefs induces loss of power (S&H 183:8-32).
as Principle:	Truth enforces obedience through divine statutes but never demands obedience to erroneous beliefs of so-called laws of health (S&H 184:1-15).
as Life:	Truth restores health by destroying the false belief which produced the mortal effect (S&H 184:16–185:5).
as Truth:	Truth’s healing power rests on immortal Mind and excludes the human mind as a spiritual factor in the healing work (S&H 185:6-25).
as Love:	Christian Science heals by emptying the human mind of its errors and filling it with the divine energies of Truth (S&H 185:26-186:10). Love
	Mortal existence is illusionary, a belief which finally always falls back into its native nothingness (S&H 186:11–190:31).
as Mind:	Evil is nothing, a supposition of the absence of omnipotence (S&H 186:11-16).

- as Spirit: Evil is unreal; it is self-destructive (S&H 186:17-27).
- as Soul: Mortal mind is ignorant of itself and therefore is self-deceiving; it does not know Mind and therefore is an idolator (S&H 186:28–187:12).
- as Principle: Mortal mind governs all actions of the mortal body, both voluntary and miscalled involuntary actions. In Science, all action is governed by divine Mind (S&H 187:13-26).
- as Life: Death exists only in mortal mind. Mortality disappears when mortal mind yields to the divine Mind (S&H 187:27–188:2).
- as Truth: Disease does not exist: it is a dream, a growth of error. Christian Science establishes health (S&H 188:3–189:14)
- as Love: A mortal is only a mortal seeming. He starts from the lowest thought and returns to its native nothingness. Man, in God’s likeness, is spiritual and eternal (S&H 189:15–190:31).
 - as Mind: The human mortal mind makes all things start from the lowest mortal thought (S&H 189:15-24).
 - as Spirit: In human reproduction, embryonic mortal mind develops in the direct line of matter (S&H 189:25-32).
 - as Soul: So-called embryonic mortal mind afterwards produces mortals (S&H 190:1-7).
 - as Principle: Mortals then fill themselves with their own beliefs (S&H 190:8-13).
 - as Life: Mortals are temporal and return to their native nothingness (S&H 190:14-26).
 - as Truth: Mortals must awake in God’s likeness (S&H 190:27-29).
 - as Love: In God man is Godlike (S&H 190:30-31).

Part II

(S&H 191:1–200:29)

God’s supremacy brings the true idea of man to light

Mind **By apprehending that brain is not the basis of intelligence that fact dawns on human thought that the divine Mind is the only intelligence (S&H 191:1–192:3).**

- as Mind: Brain cannot take cognizance of Mind nor give an idea of God’s man (S&H 191:1-3).
- as Spirit: By giving up the delusion in more than one Mind, man in God’s likeness, with no material element, appears (S&H 191:4-7).
- as Soul: When a material life-basis is found to be a misapprehension of existence, the spiritual sense of being dawns on human thought, and frees it from self-imposed bondage; then all will be transformed (S&H 191:8-20).
- as Principle: Organic (physiological) matter can do nothing of its own volition (S&H 191:21-23).

- as Life: The basis of the immortality of being is Spirit, not matter (S&H 191:24-27).
- as Truth: As Mind has not affinity with its opposite matter, Truth can cast out the errors of the flesh (S&H 191:28-32).
- as Love: Mind alone is intelligence, brain is not (S&H 191:32-192:3).

Spirit **Trusting Spirit alone, the spiritual idea of man embodies the strength of omnipotent Spirit (S&H 194:4–194:5).**

- as Mind: We must quite our reliance on human opinions and trust only Spirit (S&H 192:4-10).
- as Spirit: Human power is a blind force, a material belief, the offspring of will and of mortal mind (S&H 192:11-16).
- as Soul: By putting all into the scale of good we embody the good and this gives us the only real power (S&H 192:17-26).
- as Principle: By following in the understanding of divine metaphysics we receive directly the divine power (S&H 192:27-31).
- as Life: Reliance of Spirit has the power of resurrection (S&H 192:32–193:16).
- as Truth: Spirit has healing power (S&H 193:17-31)
- as Love: The might of omnipotent Spirit shares not its strength with matter but coincides with the spiritual idea of man (S&H 193:32–194:5).

Soul **By exchanging the education of human belief with spiritual understanding the bodily condition changes (1 S&H 94:6–195:10).**

Principle **By forsaking materialistic knowledge for metaphysical Science mortal mind grows out of itself (S&H 195:11–196:5).**

Life **By freeing mortal mind from its mortal beliefs, which alone are destructive, and by improving individual opinions the standard of living and of health is improved, too (S&H 196:6–198:28).**

Truth **By consciously subduing mortal mind to divine Mind grand achievements become possible (S&H 198:29–200:7).**

Love **As a material sense of body yields to a spiritual interpretation man as the perfect and glorified idea of God is apprehended (S&H 200:8-29).**

- as Soul and Life: Man as idea is incorporeal and undecaying (S&H 200:8-15).
- as Spirit and Truth: The real man is the reflection of God (S&H 200:16-24).
- as Mind and Love: Christian Science knows man only as the glorified of God (S&H 200:25-29)