



**KAPPELER INSTITUTE RECORDINGS**

**ILLUSTRATIVE MATERIAL**

**THE EIGHT ORDERED STEPS TO FINDING  
OUR ONENESS WITH BEING**

**(Tape code J-10)**

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**The Eight Ordered Steps to Finding our Oneness with Being**  
**Tape code J-10**

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## I. Suggested Study References

### ***References in the Booklets Compendium for the Study of Christian Science #1-10,*** **(Max Kappeler)**

This book provides a research companion for studying the seven synonyms for God — i.e. God's nature, essence, and wholeness as Mind, Spirit, Soul, Principle, Life, Truth, and Love (*S&H* 465:10).

Section No. 1 introduces the study, dealing with such pertinent issues as: Science and religion, belief-faith-understanding, the exact letter and the spirit, and the absolute and relative standpoints.

Nos. 2 and 3 show how the tones of the seven synonyms for God are presented in the Bible through the seven statements in the days of creation, the Commandments, the Beatitudes, and the Lord's Prayer.

Nos. 4-10 present clearly and succinctly the characteristic ideas of each synonym for God, citing numerous explanatory references from the Christian Science textbook, *Science and Health with Key to the Scriptures*, by Mary Baker Eddy.

No. 1: Introduction

No. 2: The Seven Days of Creation

No. 3: The Commandments

The Beatitudes

The Lord's Prayer

No. 4: Mind

No. 5: Spirit

No. 6: Soul

No. 7: Principle

No. 8: Life

No. 9: Truth

No. 10: Love

### ***The Ordered Approach to the One Being*** **(Max Kappeler)**

This booklet is concerned with the questions: (1) What is reality?, and (2) How do we become one with reality?—i.e. the eight-ordered steps to finding our oneness with Being (resolving the “personal I” and its nature into the “I Am” which is God.

Booklet: 26 pages

## II. Preparing for Study

Drilling ourselves in an understanding of the nature of Principle, God, will help prepare us for the revolutionary subject of this class.

- Study and ponder the ideas of Mind, Spirit, Soul, Principle, Life, Truth, and Love:
  - Let these ideas become warm and natural in consciousness.
  - Do not force an intellectual understanding of them.
  - If an awareness of their meaning and tonality does not come easily, spiritually, then it is wise to set the issue aside for the moment.
- Make notes on the meaning and essence of each of the synonyms for God:
  - Use “*the economy of being*”—i.e. do more with less by using the art of epitomization. In this case, with the method of epitomization we reduce a text to the simplicity of the synonymous terms and their specific ideas.

### III. Study Questions: For Preparation

Based on “Compendiums #4-10—MIND, SPIRIT, SOUL, PRINCIPLE, LIFE, TRUTH, LOVE” (Max Kappeler):

1. **Concept (idea, divine value)-building**—getting the perfect concept (idea, divine value) clear:
  - What is the spiritual meaning of the ideas (divine values) of each of the seven synonymous terms for God?
  - Makes a list of the ideas that uniquely characterize each of the seven synonyms for God:
    - e.g. MIND  
creator  
producer  
parent Mind  
etc.
  - Make a list of the fundamental opposite (negative) false claim against the synonym itself:
    - e.g. MIND  
mortal mind, animal magnetism, many minds  
SPIRIT  
duality, matter, evil  
etc.
  - Can we see how the language of the synonymous terms for God is a timeless language which adapts itself to the age in which we live?
2. **Tonality-building**—discerning that all of the ideas (divine values) of a synonym are tightly intra-woven so as to form one overall *tone* of a synonym, including all ideas:
  - Ponder the ideas together so as to gain the *tone* of the synonym itself:
    - e.g. MIND: if the ideas of creator, power, law, and influence all characterize Mind, how do these ideas intra-relate? Are they just a list of divine values, or is there a definite spiritual reason why they blend together to make up the tone of Mind?
    - Is it possible to be a creator without being a causative power that creates according to divine law?
3. **Consciousness-building**—“pondering” the overall tonality of a synonym melts into a pure consciousness of the synonym—the divinely objective becomes humanly subjective:
  - “Mothering,” accepting, cherishing the entire tone of the synonym as consciousness itself.
4. **Being-building**—the structure of our consciousness determines the nature of our experience—a consciousness filled with the allness of the synonyms (including their ideas) become our very own being.

## IV. The Seven Synonymous Terms for God

### The Ideas of MIND

<b>creator</b> creates, makes produces creative power made all creative impulse	<b>light</b> presents brings to light illuminates comprehension illumination vision discovery	<b>law</b> <b>controls</b> regulates <b>governs</b> <b>heals</b> healing power Mind-healing Mind-science
<b>producer</b>	<b>manifests</b> will to express itself	<b>medicine</b>
<b>parent Mind</b>	<b>all-knowing</b> knows, comprehends apprehends perceives all-hearing foretells, foresees information transmits	<b>saves</b> helps <b>maintains</b> sustains
<b>forms</b> shapes, models fashions	<b>intelligence</b> attractive force adhesion, cohesion Mind-force associations of ideas wisdom	<b>limitless</b> fetterless unsearchable unfathomable
<b>cause</b> causative First Cause origin, author source	<b>Mind of Christ</b>	<b>All-in-all</b> All, all
<b>first</b> beginning	<b>Mind-reading</b>	<b>the one Mind</b>
<b>basis</b>	<b>faculties</b> spiritual seeing, hearing, feeling	<b>NEGATIVE</b>
<b>power</b> force	<b>guidance</b> leads, steers directs	<b>mortal mind</b> ignorance, illusions matter erring, carnal, negative mind a mind of one's own
<b>action</b> movement	<b>unerring</b> corrects	<b>animal magnetism</b> mesmerism, occultism hypnotism, astrology clairvoyance
<b>emanation</b> proceeds from issues flows forth springs from	<b>will</b> volition willingness	<b>ignorance</b> halfway knowledge sensuous reason petty intellect
<b>influence</b>	<b>mandate</b>	<b>drugs, brain, nerves</b>
<b>ideas</b>		
<b>image</b> model		
<b>thoughts</b>		



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## The Ideas of SPIRIT

### Spirit separates ideas from illusions

- dividing line
- no point of contact
- never mingles
- excludes matter

### understanding

- faculty of discernment

### warfare between the flesh and Spirit

### the strength of Spirit

- uncompromising firmness
- firm standpoint

### leaven — alchemy

- understanding transforms
- chemicalization

### birth

- brings forth
- scientific obstetrics
- newness of life

### development

- unfoldment
- evolution

### offspring

### bears fruit

### order

- ordered sequence
- law of order: like produces like

### purity

### baptism

- burial

### worship

- focus
- centered

### reflection

- focal point, rhythm
- diversifying
- classifying
- individualizing
- infinite calculus

### likeness

### good

### substance

### reality

- the real
- actualities
- positive
- tangible

### nature

- qualities

### supply

- spiritual realities

### the only

- only one
- no opposite or other

## NEGATIVE

### dualism

### matter

- subjective state of mortal mind

### flesh

- belief of life or substance in matter

### spiritualism

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## The Ideas of SOUL

### from sense to Soul

wandering  
spiritual idea appearing

### identity

name  
spiritual identities  
characteristics  
coincidence  
oneness in essence  
selfhood  
identity of interests

### names

defines  
definite  
identification

### man, the representative

the expression of God

### spiritual understanding

### outside body

### never "in" anything

### the greater controls

the lesser

### master

### resurrection

### spiritual sense

Soul-sense  
constant, steadfast

### reverses

exchanges, transforms

### unchangeable

changeless  
no loss  
no forgetfulness  
never injured, intact  
undisturbed, unimpaired  
steadfastness  
regularity  
constancy  
immortality

### carries the seed

### within itself

reproduces itself  
kind, gender

### capacity

within-ness

### sinless

### immortality

### freedom

### joy, happiness, satisfaction

balance  
rejoices  
beauty, grace

### self-abnegation

### rule

## NEGATIVE

### the material senses

### body

### sin

### sensation

ecstasy, emotion  
passion  
propensities  
sufferings, sorrows  
pleasures  
feelings

### counterfeits *per se*

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## **The Ideas of PRINCIPLE**

**the creative Principle: Mind, Spirit, Soul**  
creative nature

**the triune Principle: Life, Truth, Love**  
essence  
trinity in unity  
Father, Son, Mother  
triune Person

**the sevenfold Principle**  
wholeness  
central point  
Principle of all  
Supreme Being

**all ideas have the same Principle**

**Principle and its idea**

**the idea must be seen in its Principle**

**Principle and its idea is one**

**relationship**

**the unity of God**  
atonement / at-one-ment  
inseparable  
divine coincidence

**universe**

**harmony**

**system**

**government**  
theocracy

**absolute**  
immutable, fixed  
apodictical  
imperative

**never pardons**  
never repents  
correction

**obedience to Principle**

**demonstrates itself**  
spiritual power  
operates

**proves itself**

**ever-operative**  
working out all good  
always at work

**interprets itself**  
expounds  
explains, states

**God is the Principle of all sciences**  
solves all problems

### **NEGATIVE**

**personality, personal sense**  
anthropomorphism

**material organization**

**theories**  
opinions

**lack of Principle**  
without Principle  
hypocrisy  
dishonesty  
disloyalty

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## **The Ideas of LIFE**

### **Principle–Life**

Life-principle

### **Father**

co-existence

### **self-sustaining**

sustainer

self-creating

self-existent

### **God is the life of man**

only one life

here and now

ever-present

### **to know God is eternal life**

### **exaltation**

rise in consciousness

giving up the mortal concept of existence

### **to love God means Life**

### **multiplication**

stream of ever-new ideas

abundance, supply

grace, inspiration

newness and spontaneity of life

resuscitates

regenerates

### **the way of Life**

method

following the way

### **individuality**

### **existence**

ever-present

present condition of perfection

now, now-ness

### **being**

### **eternal**

now-ness

is-ness

everlasting newness

without beginning, without end

spontaneous

permanency

continuity

### **indestructible**

cannot be annihilated or erased

### **deathless**

immortality

## **NEGATIVE**

### **material life**

Life is never in nor of matter

### **organic life**

organizations, embryonic, mortal life

### **food, blood, time**

### **death**

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## The Ideas of TRUTH

### Truth

actuality of God  
truthfulness

### Life—Truth

#### Truth must be sought

motives of truth  
sincerity and  
righteousness

#### the key to harmony

state of consciousness

#### claim Truth

claims of Truth  
accept, affirm Truth  
adherent of Truth  
standing for Truth  
testify, be steadfast  
denying erroneous  
concepts

#### trust Truth

unshakable  
dependable, unswerving  
rock, cornerstone

#### standard

ideal standards  
standard of ideas

#### ideal

#### son

Messiah or Christ  
child of God  
heir appropriates  
inheritance  
possesses, claims, affirms  
self-asserting  
self-claiming  
self-affirming

### Christ

#### consciousness

#### man

ideal man  
compound idea  
generic man  
male and female  
qualities  
individual consciousness  
of perfection

#### health

#### form

faultless

#### the voice of Truth

#### revelation

reveals itself  
awakens spirituality

#### the light of Truth

radiance, sunshine  
of Truth  
true light  
unveils and uncovers

#### the utilization of Truth

#### the seed of Truth

#### the leaven of Truth

chemicalization

#### the sword of Truth

two-edged sword

#### power to prevail

energy, potency  
enforces itself  
healing power

#### destroys error

dispels, deprives  
annihilates, removes  
obliterates, consumes  
overcomes, conquers  
vanquishes, triumphs

#### remedy

alterative  
universal panacea

#### dominion

deliverer

## NEGATIVE

### error

contradiction  
unlikeness  
opposite of Truth  
simulation of Truth  
falsity  
absence of Truth  
nothingness

### lie

falsehood  
denial of Truth

### sickness

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## The Ideas of LOVE

### God is Love

spiritual climax  
sum total of Deity

### Truth-Love

love of truth

### mother

motherhood, mothers

### imparts all good

bestows, gives,  
imparts all  
inexhaustible gifts  
makes man a partaker

### meets human needs

### inexhaustible

to the fullest extent  
abundance, profusion  
complete sufficiency

### universal

universality  
impartial  
omnipresent  
world-citizen

### perfection

completeness  
highest excellence

### fulfillment

### inseparable union

oneness, wedded  
inner conviction  
self-sufficiency  
self-containment  
united, held in Love  
perfectibility  
never deserted  
accept, receive  
attraction

### brings full compensation

fully counterbalances

### womanhood

divinely feminine  
ideal woman:  
Life and Love

### ministering Love

all-ministering

### loveliness

loving attitude  
love of our true self  
clear intellect plus  
a loving heart  
amplitude of pure  
affection  
sympathy, devotion  
goodness, beauty  
comeliness, grace

### chastens

forces to accept

### blesses all

forgives

### knows no temptation

does not tempt

### knows no error

universal solvent  
error is excluded  
no contest

### redemption

deliverance  
miracle of grace

### protection

holiness, glory  
glorification

### rest

### peace

### plan

design, purpose  
collective plan

### Christianity

## NEGATIVE

### fear

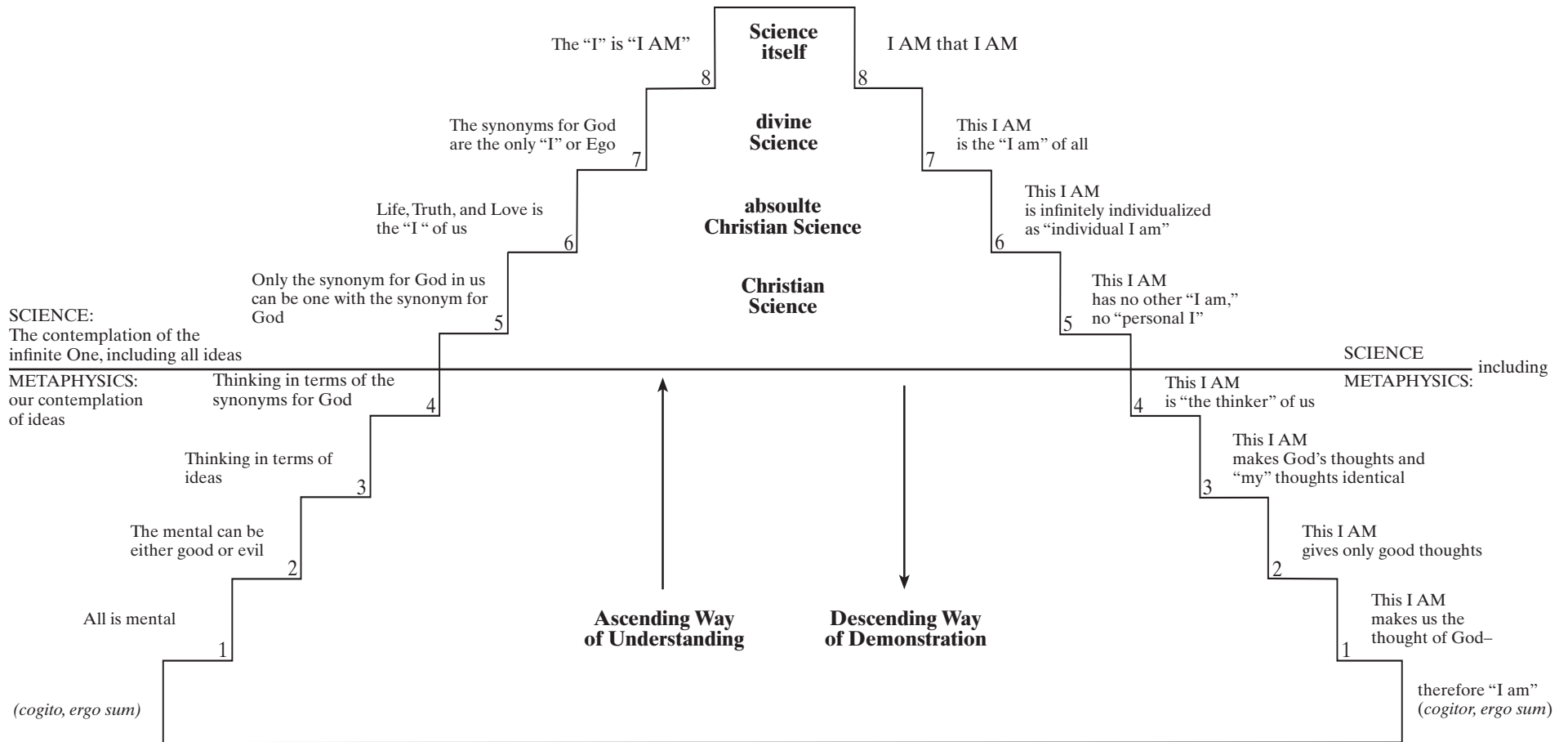
### hate

antipathy

### enmity

envy, jealousy  
victimization  
favoritism  
vengeance, cruelty  
malice, treachery  
curse, damnation  
partiality

## V. The Eight Ordered Steps to Finding Our Oneness with Being Resolving the “personal I” into the “I AM” (From metaphysics to Science)



Adapted from Max Kappeler, “A Study Aid for the Science of Christian Science” (Seattle: Kappeler Institute Publishing USA, 1984), p. 58.

## Recommended references for studying:

### **The Ideas of Mind**

#### Books by Max Kappeler:

*A Study Aid for the Science of Christian Science*, p. 6

*Complete Compendium for the Study of Christian Science*, #4: Mind

*The Science of the Oneness of Being in the Christian Science Textbook*, pp. 41–45, overview

*The Seven Synonymous Terms for God*, Chapter 1. See Appendix.

#### Recordings by Max Kappeler:

A-4: *The Structure–principle of Being*, 1974, Wilmington, DE, hours 10–12A

A-6l: *Syllabus I*, Class, 1977, hours 1–8A

#### Books by John Doorly:

*The Pure Science of Christian Science*, pp. 42–47, 98–126, 157–189

### **The Ideas of Spirit**

#### Books by Max Kappeler:

*A Study Aid for the Science of Christian Science*, p. 7

*Complete Compendium for the Study of Christian Science*, #5: Spirit

*The Seven Synonymous Terms for God*, Chapter 1

#### Recordings by Max Kappeler:

A-6l: *Syllabus I*, 1977, hours 8B–14

### **Ideas of Soul**

#### Books by Max Kappeler:

*A Study Aid for the Science of Christian Science*, p. 8

*Complete Compendium for the Study of Christian Science*, #6: Soul

*The Seven Synonymous Terms for God*, Chapter 1

#### Recordings by Max Kappeler:

A-6l: *Syllabus I*, 1977, hours 14–19

### **The Ideas of Principle**

#### Books by Max Kappeler:

*A Study Aid for the Science of Christian Science*, p. 9

*Complete Compendium for the Study of Christian Science*, #7: Principle

*The Seven Synonymous Terms for God*, Chapter 1

#### Recordings by Max Kappeler:

A-6l: *Syllabus I*, 1977, hours 20–23

### **The Ideas of Life**

#### Books by Max Kappeler:

*A Study Aid for the Science of Christian Science*, p. 10

*Complete Compendium for the Study of Christian Science*, #8: Life

*The Seven Synonymous Terms for God*, Chapter 1

#### Recordings by Max Kappeler:

A-6l: *Syllabus 1*, 1977, hours 23B–25A

### **The Ideas of Truth**

#### Books by Max Kappeler:

*A Study Aid for the Science of Christian Science*, p. 11

*Complete Compendium for the Study of Christian Science*, #9: Truth

*The Seven Synonymous Terms for God*, Chapter 1

#### Recordings by Max Kappeler:

A-6l: *Syllabus I*, 1977, hours 25B–28A

### **The Ideas of Love**

#### Books by Max Kappeler:

*A Study Aid for the Science of Christian Science*, p. 12

*Complete Compendium for the Study of Christian Science*, #10: Love

*The Seven Synonymous Terms for God*, Chapter 1

#### Recordings by Max Kappeler:

A-6l: *Syllabus I*, 1977, hours 28–29