



**KAPPELER INSTITUTE RECORDINGS**

## **ILLUSTRATIVE MATERIAL**

**The Eight Ordered Steps  
to Finding our Oneness with Being  
(Tape Code X-13)**

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## From Metaphysics to Science

### The ordered steps to finding our oneness with Being (Resolving the “personal I” into the “I AM”)

#### *ascending way*

##### *Metaphysics: the contemplation of ideas*

1. All is mental (*cogito, ergo sum*)
2. The mental can be good or evil
3. Thinking in terms of ideas
4. Thinking in terms of the synonyms for God

##### *Science: the contemplation of the infinite One, including all ideas*

5. Only the synonyms for God in us can be one with synonym of God
6. Life, Truth, and Love is the only “I” of us
7. The synonyms of God are the only “I” or Ego
8. The “I” is “I AM”

#### *descending way*

##### *Science:*

8. I AM                    that I AM
7. This I AM            is the “I am” of all
6. This I AM            is infinitely individualized as “individual I am”
5. This I AM            has no other “I Am,” no “personal I”

##### *Science including metaphysics:*

4. This I AM            is “the thinker” of us
3. This I AM            gives us ideas/makes God’s thoughts and “my” thoughts identical
2. This I AM            gives only good thoughts
1. This I AM            makes us “the thought of” God and therefore, “I am”  
(*cogitor, ergo sum*)

## References for “From Metaphysics to Science: The ordered steps to finding man’s oneness with Being”:

### Books by Max Kappeler:

*The Four Levels of Spiritual Consciousness: Science itself, divine Science, absolute Christian Science, Christian Science*, pp. 7–9, 55–59.

### *From metaphysics to Science:*

#### Books by Max Kappeler:

*Animal Magnetism – Unmasked*, pp. 184–192.

#### Books by John Doorly:

*Talks at the Oxford Summer School, 1948*, Vol. II, pp. 118–120.  
*Talks at the Oxford Summer School, 1949*, Vol. II, pp. 131–132.

### Recordings by Max Kappeler:

- B-2: *From Atomistic Thinking to Cybernetic Comprehensive Consciousness*, 1970, Ogunquit, ME, hour 23.
- D-2: *The Four Levels of Science: their practical implications*, 1969, Braunwald, Switzerland, hours 6–7.
- X-13: *The Eight Ordered Steps to Finding our Oneness with Being*, one hour from B2 (#23).

### Recordings by Max Kappeler:

- A-4: *The Structure-principle of Being*, 1974, Wilmington, DE, hour 23.
- A-5: *A Seminar on the Seven Synonymous Terms for God*, 1975, Wilmington, DE, hours 19B-21 (these hours also listed separately as X-8): the 7 synonyms from the two standpoints.
- C-1S: CH. VI, *Science, Theology, Medicine, The Structure of the Christian Science Textbook—Our Way of Life*, 1978, hours 2–3, 29.
- B-1: *A Survey of the Fundamentals of Christian Science*, hours 3B–4.
- D-1: *The 4 Levels of Science*, 1967/68, London, England, hours 1, 6A.
- X-8: *Metaphysics contrasted with Science*, 2 hours from A-5 (#19B, 20, 21).

### *ascending way of understanding and descending way of demonstration:*

#### Books by Max Kappeler:

*The Four Levels of Spiritual Consciousness: Science itself, divine Science, absolute Christian Science, Christian Science*, pp. 74–77.

#### Books by John Doorly:

*Talks at the Oxford Summer School, 1949*, Vol. I, pp. 21–24.  
*Talks on the Science of the Bible*, #59 “blue-book,” pp. 13–16.  
*Talks on the Science of the Bible*, #61 “blue-book,” pp. 3–10, 31–32 (progressive from objective to the subjective viewpoint).

### Recordings by Max Kappeler:

- D-1: *The 4 Levels of Science*, 1967/68, London, England, hours 8B, 17–20.

### *ascending and descending in ‘The Apocalypse’:*

#### Books by Max Kappeler:

*The Structure of the Christian Science Textbook, Vol. I.*, pp. 177–185.  
*The Science of the Oneness of Being in the Christian Science Textbook*, pp. 239–248.  
*Epitomes for the Spiritually Structured Interpretation of the Christian Science, ‘The Apocalypse’*, pp. 3–4.

#### Books by John Doorly:

*Talks on the Science of the Bible*, #58 “blue-book,” pp. 9–16

## A Scientific Approach to God: A Revolution of Paradigm

1. What is reality?
2. How do we approach reality?

1. concept of reality		2. approach to reality
old concept	carries	old approach
new concept	demands	new approach

### A. Parable of Jesus:

\* New cloth tears an old garment: an old garment cannot be patched up with new cloth.

\* New wine cannot go into old wineskins, else:

- the new wine is spilled, and
- the old wineskin is burst.

old concept:	old approach:	new concept:	new approach:
Ptolemy: geocentric model	accept the sense-picture	Copernicus: heliocentric model	challenge the sense-picture
many gods	serves through idolatry	monotheism	loyalty and service to one God only
Mosaic concept of God	outward worship	Christian concept of God	inner acknow- ledgement of oneness with the Father
religious personal God	blind faith in the person of God	God as divine Principle	approach to God through Science
human system of reference	relies on human beliefs	divine system of reference	relies on the method of Science

## **B. The “Word” Chapters of “*Science and Health*”:**

1. a statement of what God is, and
2. a statement about the right approach to God.

### I. “Prayer”: Concept determines approach.

Only a right concept of God can give us  
a right inner approach to God.

### II. “Atonement and Eucharist”:

Awesome requirements and awesome possibilities  
are implied by the new statement of reality  
for our approach to reality.

### III. “Marriage”:

An elevation of the approach to reality  
opens the door for us to receive a higher  
statement of reality—provides a new  
wineskin for new wine.

### IV. “Christian Science versus Spiritualism”

In the new paradigm of Christian Science  
in which Spirit alone is reality:

Part 1: the statement of reality in terms of  
divine ideas must be integrated with

Part 2: the approach to reality through the  
Mind of Christ, having the outcome of

Part 3: the acceptance of the final reality  
of the spiritual as the only basis for  
solving the problem of being.

## **C. Revolutions of Paradigms: T.S. Kuhn,**

“*The Structure of Scientific Revolutions*”, University of Chicago Press, ©1962.

\* Science develops by revolutions of paradigms,  
not by the accumulation of truths.

\* “*paradigm*”: an accepted model for understanding reality;  
an accepted model for problem solving.

- I. A scientific paradigm is necessary for a scientific approach to a subject.
- II. Accepting a new paradigm carries demands for every aspect of the scientist's activity.
- III. A progressive approach opens the door for progressively clearer, more exact, scientific paradigms:
  - paradigms more congruent with the structure of reality.

The pattern of progress Kuhn describes:

- 1. Paradigm<sub>1</sub>: an accepted paradigm, more or less adequate;
  - 2. Normal science activity: devoted to articulating the paradigm in all its implications—living with paradigm<sub>1</sub>;
  - 3. Anomalies appearing: challenging the reliability of paradigm<sub>1</sub>;
  - 4. Extraordinary science: where the scientist breaks free of the tradition of paradigm<sub>1</sub> to seek new fundamentals, until:
  - 5. Paradigm<sub>2</sub>: a new paradigm is accepted; a more comprehensive model is found.
- “Mature science: is experiencing steps 1 to 5 as an on-going cycle.

- IV. The elements of a paradigm's statement state:
  - 1. What are and what are not scientifically legitimate methods of discovering the facts of reality and uncovering errors?;
  - 2. What are and what are not scientifically legitimate methods of discovering the facts of reality and uncovering errors?;
  - 3. What are and what are not scientifically legitimate solutions—criteria for determining solutions on the new paradigm?

### Three parts constituting a scientific approach

Incompatible paradigms (wineskins)	1. What is reality?	2. How do we approach reality?	3. How are solutions attained, judged or determined?	4. Anomalies	
material, physical	matter, material laws	through the five senses	according to the material situation	breakdown, entrophy, chaos, psychic phenomena	↑ mixing paradigms ↓
mental, metaphysical	mentalities, my thinking	through my right thinking, mortal mind-reading	according to the mental condition	trying to improve mentality from mentality	
spiritual-scientific	God and His idea	through the Mind of Christ, divine Mind-reading	by accepting the final reality of the spiritual	anomalies resolved (enigma of mortal existence resolved)	

← consistency with paradigm →